

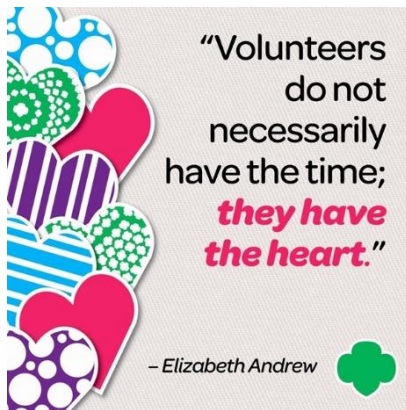


Greetings to all our fantastic volunteers May 2024

Mother's Day is just around the corner and I wish all you Mums the very best and a restful day.

Silence is golden.
Unless you have
a toddler, then
it's just suspicious.

@fortheloveof_mom



Volunteer Week is
May 20th – 26th.

You will find me on May 25th at Oaklands Pambula for The Many Hands Expo
Come say Hi, I would love to see you.

Just a few ideas for opening communication and finding out more about your recipient.

- What is your favourite comfort food?
- What is one of the nicest things anyone has ever done for you?
- If you had to become a spokesperson for a product or service, which would you choose?
- What is the biggest secret you kept from your parents when growing up?
- Where is the best place you ever lived?
- If you could travel anywhere in the world, where would you go?
- What is the naughtiest thing you ever did that got you in trouble?
- What is your best cooking tip?
- Who in your life has had the best influence on you?
- Who in your life has had the worst influence on?

A quick reminder of the training on offer. See last email for details or contact me.

Firstly: The Mental Health First Aid course.

Secondly: The Suicide Prevention for Seniors Program.

For all our Policy/Procedure/Handbook documents, go to: <https://acvvsfarsouthcoastnsw.org/>



Sincerely, Lee